

APPETIZERS

STEAK STRIPS (8 oz.)

Nuggets of tender steak, breaded and fried crisp and golden, served with our special BBQ sauce. 7.25

APPETIZER TRAY

One full order of steak strips (8 oz.), a half order of nachos, Mozzarella sticks, and chicken wings. 14.45

MOZZARELLA CHEESE STICKS

Cheese sticks, breaded and fried golden, served with marinara sauce. 7.25

CHICKEN PLANKS (5)

Juicy tenderloin of chicken dipped in a tasty batter and deep-fried. 7.25

NACHOS "GRANDE"

Fresh crisp fried tortilla chips layered with refried beans, ground beef, lots of cheese and jalapenos. 6.25
with ground beef (6 oz.) add 2.25

BUFFALO CHICKEN WINGS

Fiery hot chicken wings, fried and basted in spicy buffalo wing sauce. Served with ranch dressing and celery sticks. 7.95

SIGNATURE SALADS

Served with appropriate dressing and crackers.

GRILLED STEAK OR CHICKEN SALAD

Strips of grilled steak or spicy chicken strips on crisp lettuce greens with fresh sliced mushrooms, scallions, chopped eggs, tomatoes, and cheddar cheese. Served with your choice of dressing. 9.25 & 7.95

TEX-MEX CHICKEN or BEEF SALAD

A crispy fried tortilla bowl filled with tossed greens, tomatoes, corn, pepper, and cheddar cheese. Topped with sliced, grilled fajita chicken or roast beef strips and jalapeno peppers. 7.95

FRESH FRUIT SALAD BOWL

Seasonal fresh fruit salad, topped with grapes and sliced bananas. Served with cottage cheese or sherbet. 8.35

CHEF'S JULIENNE SALAD

A large tossed salad with julienne of ham, turkey, American and Swiss cheese, cucumber slices, tomato, and egg wedges. Served with your choice of dressing. 7.95

COBB SALAD

A large bowl filled with crisp lettuce greens, topped in a spoke wheel fashion with grilled chicken, cheddar cheese, bacon, black olives, diced tomatoes, hard-boiled egg, and blue cheese crumbles. 8.25

SOUP DU JOUR

From his varied selection of soups, the chef prepares his daily specialty.
Cup, 2.95 Bowl, 3.45

SALAD and SOUP BAR

A la Carte, as much as you wish to eat. 7.45

Soup OR Salad Bar with Sandwiches & Burgers add 1.95

LUNCHEON SPECIALTIES

QUESADILLA

Flour tortillas, heated and topped with grilled chicken or beef, green peppers and onions, pepper jack and Cheddar cheeses. Served with salsa and sour cream. 7.95

ROAST BEEF

Tender slices of hot roast beef, topped with a brown sauce and served with mashed potatoes and vegetables. 7.95

LIVER AND ONIONS

Beef liver and onions, dusted with seasoned flour and fried crisp. Served with mashed potatoes and veggies. 7.95

Notice: Consuming raw or undercooked meats, poultry, seafood or Eggs may increase your risk of foodborne illness.

We feature imported and domestic beer, and wine by the glass.

LUNCHEON BUFFET

11:30 'til 1:30 Monday through Friday

\$7.95 Including

SOUP & SALAD BAR

SENIORS, AGE 65 & OVER \$7.45

KIDS 10 YEARS AND YOUNGER \$5.85

Also join us for our famous Sunday Breakfast and Lunch Buffets

SUNDAY BREAKFAST BUFFET \$8.45

SENIOR CITIZEN \$7.95 CHILDREN \$5.25

SUNDAY LUNCHEON BUFFET \$10.95

SENIOR CITIZEN \$10.45 CHILDREN \$6.95

Kid's 3 thru 5 on all the above including pop \$4.35

SANDWICHES

All sandwiches are served with your choice of potato chips, French fries or potato salad, and appropriate condiments. Soup OR Salad bar with sandwich, \$1.95 Soup Only, \$1.95

GRILLED CHICKEN CLUB SANDWICH

Lean breast of chicken, grilled, served on a Kaiser roll with lettuce, tomato, onion, crisp bacon, and Swiss cheese. 8.65

HOT ROAST BEEF SANDWICH

Layers of roast beef served open faced on white bread. Served with mashed potatoes ladled over with brown gravy. 8.25

“PHILLY” CHEESE STEAK SANDWICH

Tender slices of hot roast beef on a hoagie roll with grilled green peppers and onions, sliced mushrooms, and lots of melted American & Jack cheese. 8.25

VEGAS JACK SANDWICH

A great taste sensation! Thinly sliced turkey, tomatoes, diced green chilies, and Monterey Jack cheese between two slices of rye bread, grilled. 7.95

TRADITIONAL RUEBEN

Lean corned beef stacked high and smothered with sauerkraut, Swiss cheese, and Thousand Island dressing. 7.95

With thinly sliced turkey, 7.95

TRIPLE-DECKER CLUB SANDWICH

On you choice of toasted bread, with turkey, ham, crisp bacon, American cheese, lettuce, and tomato. 8.45

MONTE CRISTO WITH RASPBERRY

Shaved smoked ham and turkey, Swiss cheese and sliced tomatoes, between slices of bread dipped into a batter, fried golden. Served with a spicy pepper-raspberry sauce. 8.25

CHICKEN FRIED STEAK SANDWICH

Another house specialty! A tender four-ounce steak coated with our seasoned batter and fried crisp, on an onion bun. 7.95

FRENCH DIP

Thinly sliced roast beef served on French bread with au jus. 7.95

FROM OUR GRILL

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2009gswl, 3/10/10

*Served with soup and salad bar, appropriate accompaniments,
and freshly baked rolls.*

CHICKEN FRIED STEAK

A 6 oz. steak dredged into our special batter and fried crisp, topped with country gravy. Served with choice of potato and vegetables. **6 oz.** 9.25 **9 oz.** 10.95

SIRLOIN STEAK

Six ounces of Kansas beef, tenderized and grilled to your specification, topped with onion crisps. Served with potatoes and vegetables. 10.95

STEAK STRIPS (4 oz.) OR Chicken Strips (4)

Tender beef nuggets or chicken strips dipped into our special batters and fried crisp, served with vegetable and your choice of potato. 9.45

GROUND BEEF STEAK

8 oz. of ground beef, grilled and topped with a mushroom sauce or grilled onions, served with potatoes and vegetables. 9.95

GRILLED CHICKEN

Breast of chicken, grilled and served with wheat berry rice and vegetables. 8.95

WHEAT LANDS BURGERS

6 oz. of ground beef on a Sesame seed bun with lettuce, tomato, pickles and lots of fries.

Add Soup OR Salad Bar \$1.95, or Soup only \$1.95

BLACK JACK BURGER

Hamburger patty coated with cracked black pepper, topped with a fiesta ranch sauce and pepper jack cheese. 7.25

BLUE MOON

Ground Round with American and Swiss cheese ladled over with blue cheese dressing on Texas toast 8.25

PATTY MELT

Topped with grilled onions and Swiss cheese, served on rye bread. 7.25

ALL AMERICAN BURGER

Juicy hamburger grilled the way you like it. 6.95

With your choice of cheese. 7.25

Grilled onions, mushrooms, and Swiss cheese. 7.95

BACON AND CHEESE BURGER

Hamburger patty criss-crossed with crisp bacon strips and topped with melted American cheese. 7.95

SENIOR SPECIALS

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Age 60 And Over - Net Pricing
**** NO ADDITIONAL DISCOUNTS ****
“JUST FOR YOU” PORTION SIZE

GROUND CHUCK STEAK

Five oz. of ground chuck steak, grilled. 7.25

ROAST BEEF

Tender slices of hot roast beef with brown sauce. 7.95

LIVER AND ONIONS

4 oz. of beef liver, fried and smothered with onions. 6.95

STEAK STRIPS (4 oz.)

Tender Beef Nuggets in our special batter fried crisp. 7.45

CHICKEN FRIED STEAK

4 oz. steak, topped with country gravy. 7.75

CHICKEN FILLET

Charbroiled and served with or without a bun. 7.95

The above are served with Choice of Potato, Rolls,
and.....

OUR FANTASTIC SOUP AND SALAD BAR

SOUP AND SALAD BAR

A La Carte 4.95

HAM AND EGGS

With hash browns and toast 6.55

BREAKFAST FOR LUNCH



Full Breakfast Menu available before 11:00 am.

STEAK AND EGGS A 6 oz. sirloin steak, grilled to your liking, two eggs any style, breakfast potatoes, seasonal fruit garnish, toast, and a buttermilk biscuit. 9.95

THE ALL AMERICAN SKILLET Grilled potatoes mixed with onions, sausage, green peppers, bacon, ham, and American cheese. Topped with 2 eggs, with toast or biscuit. 8.25



TWO EGGS Any style, with meat. 6.45 **TWO EGGS**, no meat. 5.65
ONE EGG, no meat. 5.25

Served with breakfast potatoes, and toast or buttermilk biscuit.

“BELGIUM” WAFFLE An extra thick waffle, dusted with powdered sugar. Served with whipped butter and warm syrup. 6.65



DESSERTS



ICE CREAM OR SHERBET

Vanilla Ice Cream or Rainbow Sherbet. 2.25



BEVERAGES

SOFT DRINKS – Featuring Coca Cola products

Of course, free refills

COFFEE TEA